Intern Brochure

2021-2022

*Updated 10/16/20

NV-PIC RE: Dr. Emily Slife, SNAMHS 1650 Community College Dr. Las Vegas, NV 89146

Aim:

The aim of the Nevada Psychology Internship Consortium (NV-PIC) is to prepare doctoral psychology interns to:

- 1) serve, with cultural humility, broad psychological services to underserved clients in the Nevada public behavioral health system and
- 2) retain NV-PIC graduates to continue to serve the people of Nevada.

The Nevada Psychology Internship Consortium (NV-PIC) is a state-wide workforce development program that represents the collaborative effort of two agencies within one state division, the Division of Public and Behavioral Health, to share resources and faculty for providing a diversified educational program for psychology interns. Training takes place at two training sites in Las Vegas and Carson City.

Accreditation Status

The Nevada Psychology Internship Consortium (NV-PIC) is fully accredited by the American Psychological Association (APA). NV-PIC has been accredited since May 2017.

Questions related to the program's accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation American Psychological Association 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979 Email: apaaccred@apa.org

APPIC Membership Status

NV-PIC is a participating member of APPIC and participates in the APPIC match. NV-PIC abides by all APPIC policies, including the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Program Structure

NV-PIC offers one-year, full-time doctoral internships beginning and ending in August. The start date for the 2021-2022 cohort is August 9, 2021. The consortium provides a range of clinical and didactic experiences of the necessary depth and breadth required for future professional practice within psychology. Interns have a primary placement at one of two sites (one site has two tracks) while likely receiving additional training experiences with training faculty from other sites within the consortium. Across training sites, interns are required to complete 2,080 hours of training during the internship year, of which at least 500 hours are spent in the provision of direct face-to-face clinical services. Interns are expected to achieve the internship objectives, as stated below, and to abide by the APA Ethical Principles of Psychologists and Code of Conduct, the requirements of the NV-PIC training program, and the policies and procedures of all NV-PIC training sites.

NV-PIC trains psychologists who are effective consumers of research and who utilize scholarly inquiry to inform their practice. NV-PIC offers generalist training, and specialized training that varies across training sites. More information about each training site and the resources and opportunities offered by each is provided below.

NV-PIChas a comprehensive Due Process and Grievance procedure which outlines the procedure for addressing concerns about intern performance as well as interns' concerns about training. These procedures are provided to all interns prior to starting the internship, during orientation, and are available for download through an internal NV-PIC One Drive folder, and at www.nv-pic.org under the menu item Policies and Procedures.

Supervision

All interns receive a minimum of 4 hours per week of supervision by licensed psychologists.

Interns receive a minimum of 2 hours of individual supervision each week from a licensed psychologist at their site. Supplemental weekly individual supervision may be provided by their primary supervisor and/or other faculty. Licensed supervisors provide interns with experientially-based clinical training. All NV-PIC interns are observed directly (either live or electronic) by at least one supervisor during each evaluation time period.

Group supervision is conducted two hours a week with all interns across consortium sites via Zoom. Group supervision focuses on case presentation, the provision of supervision, topic-focused discussion, intern-led didactics, and professional development.

Research

Each intern is expected to complete at least one research or program development/evaluation project during the year, as approved by their primary supervisor. The focus of the intern project is specific to public behavioral health and may include a proposal for a programmatic change to enhance service delivery. Interns will be guided through the process by their primary supervisor (or another faculty member assigned by the primary supervisor) per approval by their primary supervisor and Training Committee. The primary supervisor (or assigned faculty member) will meet at least monthly with the interns to discuss progress, offer guidance and assistance, and to ensure the project is on schedule.

Additional research opportunities and program development projects vary by site.

Stipend, Benefits, and Resources

The annual internship stipend across all consortium sites is \$28,000. Through a contract with the State of Nevada Division of Public and Behavioral Health, interns are employed by the Western Interstate Commission for Higher Education (WICHE). WICHE is an intergovernmental organization that provides consultation to the NV-PIC program and serves as the fiscal agent for the internship. Health benefits and 120 hours of paid time off (PTO) are provided to each intern. Interns also receive eleven paid Nevada state holidays and are eligible for up to three days of Professional Development Release Time, which can include conferences, trainings, dissertation time, graduation, or other, as approved by supervisors, the Site Director, and the Training Director.

NV-PIC interns have access to numerous resources. Funding for air travel within the state of Nevada is provided for interns to complete required training experiences, such as in-person orientation, mid-year meetings, and graduation. Assessment and other necessary training materials are provided at each training site. Each intern has access to administrative and IT support.

NV-PIC Training Sites

The consortium includes the following training sites: Rural Clinics Carson City (RCCC) and Southern Nevada Adult Mental Health Services (SNAMHS). A description of each site and the internship experience by site is below.

Rural Clinics

APPIC Program Code: 2323-14

General Information:

The Rural Clinics agency provides behavioral health care to underserved individuals with serious behavioral health needs located within 12 of the rural counties in Nevada. The intern will be working out of the Carson City clinic. Located at the foot of the Sierra Nevada Mountains and approximately 30 minutes from the Reno area, Carson City serves as the State's capital and is home to just over 56,000 residents. RCCC employs four full time psychologists as well as master's level clinicians, psychiatric nurses, psychiatric case managers, psychiatrists, and psychiatric nurse practitioners. RCCC often serves as a training site for practicum students and interns of various disciplines.

The professional staff at RCCC provide services in person and via telehealth to clients based in more remote areas of the state. RCCC staff provide behavioral health on-call coverage via telehealth to emergency rooms in rural hospitals throughout the state. Staff at RCCC are involved in several community partnerships including Mobile Crisis, Mental Health Court, and Juvenile Justice Diversion. The clinic provides outpatient services to approximately 900 children, adolescents, and adults per year.

Internship Experience:

Interns will be expected to work Monday through Friday during standard business hours; no on-call services required. Interns placed at RCCC work as part of an interdisciplinary team at an outpatient community behavioral health clinic. The intern provides intervention and assessment services to clients in-person* in Carson City and to individuals located in additional rural and frontier communities throughout Nevada via telehealth. Interns provide individual, group, and family therapy, and provide comprehensive psychological assessments. The intern placed at RCCC receives in-person supervision from one primary supervisor, as well as in-person and/or tele-supervision from other RCCC and/or NV-PIC psychologists.

Interns receive training to meet the needs of a smaller community by learning to practice as a generalist working with a wide array of clients. Common presenting issues include: trauma, depression, anxiety, psychosis, co-occurring disorders, family distress, interpersonal skill deficits, and distress related to issues of poverty, stigma, and isolation. Interns at RCCC are expected to work with clients across the age spectrum but may be provided some flexibility to focus their caseload predominantly on adults, youth, and families, if desired. Additionally, the intern may have the opportunity to receive exposure to community-based activities such as outreach, education and prevention, or mental health court.

*currently, due to COVID-19, most direct clinical services are via telehealth. Subject to change by August 2021.

Finally, interns may gain some opportunities to witness and/or participate in the state-legislative proceedings, including policy work on issues specific to psychology or behavioral health in general.

Contact Information

Site Director: Don Campbell Psy.D. Email address: dcampbell@health.nv.gov

Phone number: (775) 784- 5021

Mailing address: 727 Fairview Dr., Suite A, Carson City, NV 89701

Southern Nevada Adult Mental Health Services (SNAMHS) Clinical-generalist

track APPIC Program Code: 2323-12 Clinical-forensic track APPIC Program Code: 2323-15

General Information:

Southern Nevada Adult Mental Health Services (SNAMHS) is a behavioral health system that consists of an 88-bed civil inpatient psychiatric hospital, a 78-bed forensic inpatient hospital, and four outpatient community mental health clinics. SNAMHS provides psychiatric and behavioral health services to a diverse population of underserved adults in Southern Nevada, primarily in Las Vegas. SNAMHS provides services to over 14,000 clients each year, including:

- Inpatient Services at Rawson-Neal Psychiatric Hospital for patients experiencing a mental health crisis
- Inpatient Forensic Services at Stein Forensic Hospital for patients committed for adjudicative competency concerns
- Assisted OutpatientTreatment (AOT)
- Specialty Courts
- Housing and Residential programs
- Consumer Drop-In Centers
- Medication management, counseling, and supportive services at outpatient clinics

The Department of Forensic and Civil Psychology at SNAMHS provides a variety of services including:

- Psychological evaluation and testing(e.g., malingering, personality, cognitive, and differential diagnosis)
- Clinical interviews
- Evidence-based group and individual interventions (e.g., DBT)
- Developing and implementing positive behavior support plans and individualized token economy programs
- Risk assessments
- Participation on interdisciplinary team meetings
- Client-specific consultations
- Implementation of a token economy system
- Training for hospital staff

Psychologists on forensic units conduct specialty evaluations, including adjudicative competence and comprehensive risk assessments. The psychology team also provides training and support for the competency restoration program and facilitates rational decision-making groups for patients. Psychology outpatient services at SNAMHS include outpatient competency restoration and may include psychological evaluations and consultation.

The psychology department has regularly scheduled staff meetings and team meetings that focus on continued training, case consultation, program development, and administrative tasks. The department typically provides monthly trainings open to all agency staff called Tuesday Talks.

Internship Experience:

Interns will be expected to work Monday through Friday during standard business hours; no on-call services required. Interns at SNAMHS develop skills and competencies in the assessment and treatment of serious mental illness (SMI), co-occurring disorders, and personality disorders. Interns develop and enhance their skills in the areas of professional development and clinical consultation.

Interns at SNAMHS will enhance their skills in diagnostic assessment, consultation, and treatment for a diverse, urban population. Interns have access to SNAMHS' extensive library of psychological testing materials. Interns are provided supervised experiences by licensed psychologists in clinical assessment, individual and group therapy, and the development of intern projects.

Supervision for DBT, CBT and mindfulness-based individual and group interventions are available. Interns function as members of interdisciplinary treatment teams and provide consultation and crisis intervention support. Interns learn to consult with direct care staff and to write and implement behavior plans.

In addition to NV-PIC didactics, interns at SNAMHS participate in weekly site didactic trainings and case presentations with early career psychologists, postdocs, practicum students, and undergraduate field placement students facilitated primarily by Dr. Bradley. Previous didactic topics have included: expert testimony, civil commitment, malingering, PAI, motivational interviewing, and board complaints/malpractice lawsuits. Interns have generally had an opportunity to observe expert testimony and participate in testimony preparation. Interns typically provide a Tuesday Talks training during the year. There may be opportunities to participate in outreach events throughout the year.

The SNAMHS internship offers one position each on two separate tracks: one clinical-generalist position and one clinical-forensic position.

SNAMHS Clinical-Generalist Track (APPIC Program Code: 2323-12) – 1 position

The intern on the clinical-generalist track at SNAMHS works primarily with patients in our civil psychiatric hospital, Rawson-Neal, engaged in activities to support the patients and treatment team. The intern provides psychological assessments, intervention services, and consultation services, as described above. The intern placed at Rawson-Neal may have opportunities to work with outpatient and forensic patients as well.

SNAMHS Clinical-Forensic Track (APPIC Program Code: 2323-15) – 1 position

The intern on the clinical-forensic track at SNAMHS works with patients who were referred by the court for adjudicative competence concerns. The interns working with the forensic population learns case law related to adjudicative competence and learns how to conduct thorough record reviews, write forensic evaluations, interview forensic patients, and conduct psychological and forensic testing when applicable. Interns have the opportunity to learn forensic assessment instruments such as the ECST-R, M-FAST, SIMS, SIRS, MCAT-CA, and TOMM, to name a few. Interns also learn to conduct comprehensive risk-assessments for self-harm and violence.

Contact Information

Site Director: Shera D. Bradley, Ph.D. Email address: sbradley@health.nv.gov Phone number: (702) 486-6466

Mailing address: 6161 West Charleston Blvd, Las Vegas, Nevada 89146

Nevada Area Attractions

NV-PIC is a consortium program with sites across the diverse landscapes and cultures of Nevada. Interns are placed at one site for the full internship year but have the opportunity to travel and experience the diverse and unique ecosystems of Nevada for in-person internship training activities. In addition to experiencing the beauty of Nevada, interns who choose to stay in Nevada following internship would have opportunities for loan repayment or loan forgiveness (http://nhsc.hrsa.gov/).

One of our internship sites (SNAMHS) is located in the heart of Las Vegas. Las Vegas is well known for its world-class entertainment, day-spas, auto shows, nightclubs, retail, golfing, and fine dining. This 24-hour city offers wildlife habitats, fine art, and museums (Springs Preserve, the Wetlands, the Neon Museum, The Mob museum, natural history, art, and more). Downtown Las Vegas has a cultural center which includes The Smith Center for Performing Arts, a nonprofit organization that hosts a variety of performances to include world-renowned Broadway shows, family-friendly events, local theatre, dance companies from all over the world, the Nevada Ballet Theatre, the Las Vegas Philharmonic, amongst others. Recreation within the natural wonders of the nearby Nevada desert includes breathtaking landscapes and spectacular rock formations, such as Red Rock Canyon in the Mohave desert, Lake Mead, the Valley of Fire, and Mount Charleston. The Las Vegas Ski & Snowboard Resort is located on Mt. Charleston, which is the 8th highest peak in Nevada at 11,916 feet. Snow season generally lasts from November through April. Daytrip destinations include: the Grand Canyon, Lake Havasu, the Extraterrestrial Highway and Area 51, Mojave National Preserve, Zion National Park, and Dixie National Forest.

The other internship site (RCCC) is located in Carson City, in the northern region of the state. Carson City, the state capital, small in size but big in stature, is home to many historical sites. Close by are Lake Tahoe to the west, Virginia City to the east, Reno to the north, and Genoa to the south. Reno, "the Biggest Little City in the World," is 30 minutes away from Carson City and a two- to four-hour drive from major metro areas in northern California (including Sacramento and San Francisco). Northern Nevada is a year-round recreation destination. Activities include skiing, snowboarding, fishing, boating, hiking, wilderness camping, mountain biking, horseback riding, swimming, water sports, and golf. Area outdoor recreation venues include the Truckee River, a variety of lakes, including beautiful Lake Tahoe, and the mountains known as the Sierra Nevada. Lake Tahoe has long been considered the "Jewel of the Sierra," not only for its contribution to the scenic majesty of the area, but also for the adventure that can be found in the region, which includes the largest concentration of ski slopes in the United States and endless hiking and mountain biking trails, including Lake Tahoe's famous rim trail.

Nevada has a rich arts and cultural scene as well. Annual events in Las Vegas include the City of Light Jazz Festival, World Series of Poker tournament, Annual Academy of Country Music Awards, Vegas Uncork'd, Rock 'n' Roll Marathon, Electric Daisy Carnival, Motor Trend Auto show, Cirque Du Soleil, Wrangler National Rodeo Finals, Life is Beautiful festival, UNLVino, and the Word Food Championships. In Northern Nevada, Artown in Reno includes a month of live music on the river and other venues around town. Other annual community events include the Reno River Festival, Street Vibrations, Hot August Nights, The Great Reno Balloon Race, National Championship Air Races, Best of the West Rib Cook-off, Virginia City Camel Race, Carson Valley Days Festival, Street Vibrations, Reno Rodeo, and the Burning Man Festival held just a few hours east.

Application Process and Selection Criteria

The Consortium will offer three full-time positions, one position at RCCC and one position for each of the tracks at SNAMHS (two positions total for SNAMHS). Students interested in applying for the internship program should submit an online application through the APPIC website (www.appic.org). NV-PIC is listed in APPIC under Program Code 2323.

A complete application consists of the following materials:

- 1. A completed online AAPI (APPIC's standard application)
- 2. Cover letter (part of online AAPI) stating your preferred training site(s) and why you are interested in those sites specifically. Applicants can indicate their interest in more than one site within the consortium in one cover letter.
- 3. A current Curriculum Vitae (as part of the online AAPI)
- 4. Three standardized reference forms, at least two of which must come from individuals who have directly supervised your clinical work (as part of the online AAPI)
- 5. Official transcripts of all graduate coursework (as part of the online AAPI)
- 6. REQUIRED supplementary materials: Include an integrated assessment report. Please redact appropriately.
- 7. OPTIONAL voluntary materials: Applicant Affirmative Action Information Form Interns who match with NV-PIC are the employees of the Western Interstate Commission for Higher Education (WICHE). It is the policy of WICHE to provide equal employment opportunity to all qualified applicants. As an Affirmative Action Employer, WICHE is required to invite all applicants to complete certain forms. Completion of the forms is voluntary and will not subject you to any adverse treatment. The information on these forms is confidential and will be maintained separately from your application. If you choose to do so, please visit NV-PIC's website (http://nv-pic.org/application-procedure) to download the form, and upload it with your application. Remember that completion of this form is voluntary and in no way affects the decision regarding your application for employment.

All application materials must be received by November 15, 2020. to be considered. Applicants who are invited to interview will be notified by email on or before the December 15 deadline. Virtual interviews will be held in January 2021. Virtual open houses will align with the interviews.

NV-PIC requires that applicants are in good-standing and currently enrolled in a psychology doctoral program and have completed the following by the application deadline:

- 1. A minimum of 400 doctoral intervention hours
- 2. A minimum of 100 doctoral assessment hours
- 3. A minimum of 5 integrated reports
- 4. Successful dissertation proposal by the application deadline

NV-PIC also invites applicants who have experience or special interest in working with underserved or diverse populations. Per Mental Health America's 2019 Final Report, Nevada ranks 51st in the nation for both adult and youth measures as well as prevalence and access to care measures. Nevada ranks 47th in the nation for access to mental health care. In addition to the requirements noted above, NV-PIC takes into consideration the potential commitment or interest of any prospective intern to remain in Nevada following internship. Developing a strong behavioral health workforce is an important consideration for the state, and an interest in remaining in Nevada to join the workforce is considered a benefit in a potential intern.

Questions regarding the application or interview process may be directed to NV-PIC's Training Director, Dr. Emily Slife (dpbhnvpic@health.nv.gov). All interns who match to NV-PIC sites must provide proof of eligibility to work in the United States. NV- PIC does not sponsor work visas. Interns must successfully pass a fingerprint-based background check before beginning employment and must provide results from a tuberculosis (TB) screening test completed within the previous 12-months. Instructions for providing this information or completing the background check and TB screening will be sent out to all who match after

the match is complete. NV-PIC will reimburse these costs. Please note: if HR has a concern about the results of a background check, employees have 30 days to explain. Many factors are considered and HR handles this on a case by case basis based on the state division's policy.

In addition, all NV-PIC interns who see Medicaid clients are required to register with the Nevada Board of Psychological Examiners. Information on board registration, including cost, can be found at: http://psyexam.nv.gov/Forms/ PsychologicalAssistant/. NV-PIC will reimburse the cost of registration.

Consortium Contact Information

For more information about NV-PIC, feel free to contact:

Emily Slife, Ph.D., NV-PIC Training Director – dpbhnvpic@health.nv.gov or go to www.nv-pic.org.

NV-PIC Aim and Competencies

Overarching Aim:

The Nevada Psychology Internship Consortium (NV-PIC) represents the collaborative effort of two behavioral health agencies within the Nevada Division of Public and Behavioral Health to share resources and faculty for the purpose of providing a broad and general training for psychology interns. NV-PIC offers one-year, full-time internship positions at treatment agencies across Nevada. The aim of the Nevada Psychology Internship Consortium (NV-PIC) is to is to prepare doctoral psychology interns to 1) provide, with cultural humility, broad psychological services to underserved clients in the Nevada public behavioral health system and 2) retain NV-PIC graduates to continue to serve the people of Nevada.

By the conclusion of the internship year, interns are expected to have achieved competence across the following 10 areas:

- 1. Research
- 2. Ethical and Legal Standards
- 3. Individual and Cultural Diversity
- 4. Professional Values, Attitudes, and Behaviors
- 5. Communication and Interpersonal Skills
- 6. Assessment
- 7. Intervention
- 8. Supervision
- 9. Consultation and Interprofessional/Interdisciplinary Skills
- 10. Public Behavioral Health

Behavioral Health Program

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