



NEVADA

Psychology Internship Consortium

Intern Brochure

2018-2019

Aim:

The aim of the Nevada Psychology Internship Consortium (NV-PIC) is to prepare and retain high quality and culturally competent psychologists to provide integrated public behavioral health care for the people of Nevada.

The Nevada Psychology Internship Consortium (NV-PIC) represents the collaborative effort of three sites within one state agency, the Division of Public and Behavioral Health, to share resources and faculty for the purpose of providing a diversified educational program for psychology interns. Training takes place at three training sites in or around the greater-Reno area, Las Vegas, and Carson City.

Accreditation Status

The Nevada Psychology Internship Consortium (NV-PIC) has been accredited, on contingency, by the American Psychological Association since May 2017.

Questions related to the program's accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979
Email: apaaccred@apa.org

APPIC Membership Status

NV-PIC is a participating member of APPIC and participates in the APPIC match.

Program Structure

NV-PIC offers one-year, full-time doctoral internships beginning and ending in August. The start date for the 2018-2019 cohort is August 6, 2018. The Consortium provides a range of clinical and didactic experiences that represents the necessary depth and breadth required for future professional practice within psychology. Interns have a primary placement at one of three sites, with the possibility of receiving additional training experiences with faculty from other sites within the consortium. Across training sites, interns are expected to complete 2,000 hours of training during the course of the internship year, of which at least 25% (500 hours) are spent in the provision of direct face-to-face clinical services. Interns are expected to achieve the internship program aim and objectives, as stated below, and to abide by the APA Code of Ethics, the requirements of the NV-PIC training program, and the policies and procedures of their primary training site.

NV-PIC trains clinical psychologists who are effective consumers of research and who utilize scholarly inquiry to inform their practice. NV-PIC offers generalist training, with the opportunity for specialized training that varies across training sites. More information about each training site and the resources and opportunities offered by each is provided below.

NV-PIC strives to be a family-friendly internship and welcomes interns from all backgrounds with a variety of family structures and needs.

NV-PIC has a comprehensive Due Process and Grievance procedure which outlines the procedure for addressing concerns about intern performance as well as interns' concerns about training. These procedures are provided in hard copy to all interns during orientation and are available for download at www.nv-pic.org under the menu item Policies and Procedures.

Required Major Training Emphases

All sites offer the following major training emphases:

Behavioral Health Intervention

Each consortium site provides opportunities to conduct behavioral health intervention in an inpatient and/or outpatient setting. All sites provide interns the chance to work with a diverse range of under-served clients within a variety of therapeutic modalities. Individual and group therapy treatments with adult clients are most common across agencies, with opportunities to work with children and families available at some. Clients served range widely in age, race, ethnicity, and diagnostic presentation.

Psychological Assessment

Interns at every site administer, interpret, and provide written synthesis of psychological test batteries. Assessments may include record reviews, clinical interviews, intellectual, achievement, personality, and/or competency-based measures. Interns have opportunities to write reports and make recommendations that convey meaningful information to clients. While each site varies on the number and type of referrals, interns complete a minimum of 10 assessments throughout the course of the year.

Consultation and Systems Collaboration

Interns spend time each week in activities related to consultation and systems collaboration, learning to contribute their clinical work within an interdisciplinary team, across agencies, and to other systems. Collaborative opportunities include working within an interdisciplinary treatment team, providing psychological consultation to other disciplines, and partnering with community social service, legal, and educational systems.

Supervision

Interns receive a minimum of 2 hours of individual supervision each week from a licensed psychologist at their site. Supplemental weekly individual supervision may be provided by other faculty at each site or partnering sites. Licensed supervisors provide interns with experientially-based clinical training. All NV-PIC interns are observed directly (either live or electronic) by at least one supervisor during each evaluation time period. Audio recordings and written process notes also may be utilized by NV-PIC supervisors.

Two hours of required weekly group supervision from a licensed psychologist is conducted with all interns across consortium sites via high quality, secure distance technology. Group supervision focuses on case presentation, supervision, topic-focused discussion, intern-led didactics, and professional development. All interns receive a minimum of 4 hours per week of supervision.

Professional Development

Interns spend 1 hour per week in a facilitated Peer Professional Development Group (PPDG), which they attend via high quality, secure distance technology. This meeting, which includes all NV-PIC interns and a licensed psychologist, focuses on promoting personal and professional development within and between interns working in the three internship sites throughout Nevada. Interns can use the group to explore a variety of work related issues. Personal and professional development are fostered: 1) through discussion of one's hopes, expectations and experiences within the internship; 2) through information, insights and observations offered by group members to other members; and 3) through individual members observing, listening and participating in the group experience.

The function of the group is to provide interns with support as well as opportunities to learn, grow, apply what they've learned in their work with their patients, and share what they've learned with colleagues. The PPDG functions like a classroom and a laboratory. It allows interns to learn with and from each other, experiment, take healthy risks, and test ideas. The PPDG also allows interns to share and explore thoughts and feelings about themselves, their patients and the demands of their work. This group provides a forum for interns to share and explore and debrief the multitude of experiences (good, bad and ugly) that occur during the course of their internship education and training. It also allows interns to give and receive feedback about each other's interpersonal impact, communication style, and personal and professional strengths and weaknesses. In sum, the group is a place to give and receive support, to learn and grow, and to do so in a group setting that allows each individual to recognize and develop under-developed levels of awareness, skills, and abilities.

Research

Research opportunities vary by consortium site. Each intern is expected to complete at least one research or program evaluation project during the year, as approved by their primary supervisor. The research project will include a literature review and quantitative, qualitative, or archival data analysis. The focus of the research project is specific to public behavioral health and includes a proposal for a programmatic addition or change to enhance service delivery.

Stipend, Benefits, and Resources

The annual internship stipend across all consortium sites is \$28,000. Interns are employed by the Western Interstate Commission for Higher Education (WICHE). WICHE is an intergovernmental organization which provides consultation to the NV-PIC program and serves as the fiscal agent for the internship. Health benefits and 10 days of paid time off (PTO) are provided for all interns. Interns also receive eleven paid Nevada state holidays and are eligible for up to three days of Professional Development Release Time, which can include conferences, trainings, dissertation time, or other, as approved by supervisors.

NV-PIC interns have access to numerous resources. Funding for travel within the state of Nevada is provided in order for interns to complete required training experiences. Assessment and other necessary training materials are provided at each training site. Each intern has access to administrative and IT support.

NV-PIC Training Sites

The consortium includes the following training sites: Northern Nevada Adult Mental Health Services (NNAMHS); Carson City Rural Clinic (CCRC); and, Southern Nevada Adult Mental Health Services (SNAMHS). A description of each site and the internship experience by site is below.

Northern Nevada Adult Mental Health Services (NNAMHS)- not active for 2018-2019

APPIC Program Code: 2323-13

General Information:

Located on the scenic Truckee River, Northern Nevada Adult Mental Health Services (NNAMHS) provides comprehensive care primarily to individuals with serious behavioral health disorders in northern Nevada. NNAMHS provides inpatient and outpatient services to adults and their families, serving over 1,600 clients annually. Inpatient care is provided at the Dini-Townsend Psychiatric Hospital, which has a 20 bed Inpatient Unit and an inpatient Rapid Stabilization Unit (RSU) with a 10 bed capacity.

Several community programs comprise the Community Outpatient Services at NNAMHS. Each program focuses on providing behavioral health services to individuals in the community. Below is a list of Community Outpatient Services available at NNAMHS:

- Medication Clinic
- Assisted Outpatient Treatment (AOT)
- Psychosocial Rehabilitation Program and Peer Support programs
- Housing and Residential Programs
- Psychiatric Case Management
- Mental Health and Family Mental Health Courts
- Outpatient Psychological and Counseling Services

The staff for the Community Outpatient Services at NNAMHS includes a variety of disciplines including three psychologists working primarily in outpatient services and one psychologist working primarily in the Dini-Townsend Psychiatric Hospital. The staff of both the inpatient and outpatient programs also includes other disciplines such as licensed clinical social workers, marriage and family therapists, licensed alcohol and drug counselors, psychiatrists, advanced practice nurses, registered nurses, case managers, mental health technicians, and consumer service advocates.

Internship Experience:

Interns at NNAMHS work in outpatient and inpatient settings, serving adults experiencing a wide range of serious mental health problems. Interns receive supervision from staff psychologists. Our internship contributes to the development of competent clinical psychologists skilled in diagnosis, psychological treatment, psychological testing, and systems consultation. Interns learn risk assessment, crisis intervention, interviewing and assessment skills, and other screening techniques. Psychological treatment includes individual as well as group therapy. Work in the inpatient and outpatient settings offers interns an opportunity to work closely with a variety of behavioral health professionals. The inpatient units at the Dini Townsend Hospital embrace a recovery model. Treatment approaches include empirically supported strategies, including CBT, DBT, ACT, psycho-dynamic psychotherapy, motivational interviewing, interpersonal psychotherapy, and solution-focused therapy. Interns work with socioeconomically disadvantaged individuals who suffer from a wide range of psychological difficulties including trauma, depression, psychosis, personality disorders, and substance use disorders. Interns learn and practice batteries of psychological tests at the start of the year. Psychological testing experience includes not only interpretation of tests, but also integration of interview and history data. There is some degree of flexibility so as to accommodate individual intern interests in terms of the types of clients seen, development and implementation of particular treatment groups, and types of assessment activities.

Contact Information

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Carson City Rural Clinic (CCRC)

APPIC Program Code: 2323-14

General Information:

The Rural Clinics agency provides behavioral health care to underserved individuals with serious behavioral health needs located within one of the 15 rural counties in Nevada. The intern will be working out of the Carson City clinic. Located at the foot of the Sierra Nevada Mountains and approximately 30 minutes from the Reno area, Carson City serves as the State's capitol and is home to just over 50,000 residents. The Carson City Rural Clinic (CCRC) employs two full time psychologists, as well as several master's level clinicians, psychiatric nurses, psychiatric case managers, psychiatrists, and psychiatric nurse practitioners. CCRC often serves as a training site for practicum and interns students of various disciplines.

The professional staff at CCRC provide services to clients both in person and through telehealth to clients based in more remote areas of the state. CCRC staff also provides behavioral health on-call coverage via telehealth to emergency rooms in rural hospitals throughout the state. Staff at the Carson clinic are involved in several community partnerships including Mobile Crisis, Mental Health Court, and Juvenile Justice Diversion. The clinic provides outpatient services to approximately 900 children, adolescents, and adults per year.

Internship Experience:

Interns placed at CCRC work as part of an interdisciplinary team at an outpatient community behavioral health clinic. The intern provides intervention and assessment services to clients in-person in Carson City and to individuals located in more rural and frontier communities throughout Nevada through telehealth. Interns provide individual, group, and family therapy, conduct initial intake assessments, and provide comprehensive psychological assessments. There is also the opportunity to conduct assessments and therapy with individuals with intellectual and developmental disabilities. The intern placed at CCRC receives in-person supervision from one primary psychologist supervisor, with opportunities to receive in-person and/or tele-supervision from other Rural Clinic psychologists.

Interns receive training to meet the needs of a smaller community by learning to practice as a generalist working with a wide array of clients. Common presenting issues include but are not limited to: trauma, depression and anxiety, psychosis, co-occurring issues, family distress, interpersonal skill deficits, and general distress related to issues of poverty, stigma, and isolation. Interns at CCRC are expected to work with clients across the age spectrum but may be provided some flexibility to focus their caseload predominantly on adults or youth and families, if desired. Additionally, the intern may have the opportunity to receive some exposure to community-based activities such as community outreach, education, and prevention, school-based or home-based services, or criminal justice diversion programs. Finally, interns may gain some opportunities to witness and/or participate in the state-legislative proceedings, including policy work on issues specific to psychology or behavioral health in general.

Contact Information

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Southern Nevada Adult Mental Health Services (SNAMHS)

Clinical-generalist track APPIC Program Code: 2323-12

Clinical-forensic track APPIC Program Code: 2323-15

General Information:

The Southern Nevada Adult Mental Health Services (SNAMHS) is a behavioral health system that consists of an 88-bed civil inpatient psychiatric hospital, a 78-bed forensic inpatient hospital, and four outpatient community mental health clinics. SNAMHS provides psychiatric and behavioral health services to a diverse population of underserved adults in Southern Nevada, primarily in Las Vegas. SNAMHS provides services to over 14,000 clients each year, including:

- Inpatient Services at Rawson-Neal Psychiatric Hospital for civilly committed patients
- Inpatient Forensic Services at Stein Hospital for patients committed for adjudicative competency concerns
- Assistive Outpatient Treatment (AOT)
- ER Crisis Assessments and Psychiatric Holds
- Specialty Courts (Mental Health Court, Drug Court)
- Housing and Residential programs
- Consumer Drop In Centers
- Medication management, counseling, and supportive services at outpatient clinics:

The Department of Forensic and Civil Psychology at SNAMHS provides inpatient services including:

- Psychological testing (e.g., malingering, personality, cognitive, and differential diagnosis)
- Clinical interviews
- Evidence-based group and individual interventions (e.g., DBT)
- Developing and implementing positive behavior support plans
- Risk assessments
- Participation on interdisciplinary team meetings
- Client-specific consultations
- Implementation of a token economy system
- Training for hospital staff

Psychologists on forensic units conduct specialty evaluations, including adjudicative competence and comprehensive risk assessments. The psychology team also provides training and support for the competency restoration program. Psychology outpatient services at SNAMHS can include initial comprehensive assessments and diagnostic evaluations, psychological testing, evidence-based group interventions, and individual psychotherapy interventions.

The psychology department has regularly scheduled staff meetings that focus on continued training, case consultation, program development, and administrative tasks. We also provide monthly trainings open to all staff called Tuesday Talks.

Internship Experience:

Interns at SNAMHS develop skills and competencies in the assessment and treatment of serious mental illness (SMI), co-occurring disorders, and personality disorders. Interns develop and enhance their skills in the areas of professional development and clinical consultation.

Interns at SNAMHS learn to practice as generalists providing diagnostic assessment, consultation, and treatment to a diverse, urban population. Interns have access to SNAMHS' extensive library of psychological testing materials. Interns are provided supervised experiences by licensed psychologists in clinical assessment, individual and group therapy, development of research projects, and psychoeducational workshops. Supervision for DBT, CBT and mindfulness-based individual and group interventions are available. Interns function as members of interdisciplinary treatment teams and provide consultation and crisis intervention support. Interns participate in weekly case consultation meetings with psychiatric students and residents. Interns learn to consult with direct care staff and to write and implement behavior plans.

In addition to NV-PIC wide didactics, interns at SNAMHS participate in weekly site didactic trainings and case presentations with postdocs, practicum students, and undergraduate field placement students facilitated primarily by Dr. Bradley. Previous didactic topics have included: expert testimony, civil commitment, malingering, PAI, motivational interviewing, and board complaints/malpractice lawsuits. Interns provide a Tuesday Talks training during the year. There are opportunities to participate in outreach events.

The SNAMHS internship offers one position each on two separate tracks: one clinical-generalist position and one clinical-forensic position.

SNAMHS Clinical-Generalist Track (APPIC Program Code: 2323-12):

The intern on the clinical-generalist track at SNAMHS works primarily with patients in our civil psychiatric hospital, Rawson Neal, engaged in activities to support the patients and treatment team. The intern provides psychological assessments, intervention services, and consultation services, as described above. The intern placed at Rawson Neal may have opportunities to work with forensic patients as well.

SNAMHS Clinical-Forensic Track (APPIC Program Code: 2323-15):

The intern on the clinical-forensic track at SNAMHS works with patients who were referred by the court for adjudicative competence concerns. The interns working with the forensic population learns case law related to adjudicative competence and learns how to conduct thorough record reviews, write forensic evaluations, interview forensic patients, and conduct psychological and forensic testing when applicable. Interns have the opportunity to learn forensic assessment instruments such as the ECST-R, M-FAST, SIMS, SIRS, MCAT- CA, and TOMM, to name a few.

Interns also learn to conduct comprehensive risk-assessments for self-harm and violence.

Contact Information

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Nevada Area Attractions

NV-PIC is a consortium program with sites across the diverse landscapes and cultures of Nevada. Interns are placed at one site for the full internship year, but have the opportunity to travel and experience the diverse and unique ecosystems of Nevada. In addition to experiencing the beauty of Nevada, interns who choose to stay in Nevada following internship would have ample opportunities for loan repayment, as Nevada Behavioral Health Service Programs are competitive for National Health Service Corps loan repayment or loan forgiveness (<http://nhsc.hrsa.gov/>).

One of our internship sites (SNAMHS) is located in the heart of Las Vegas. Las Vegas is well known for its world-class entertainment, day-spas, auto shows, nightclubs, retail, golfing, and fine dining. This 24-hour city offers wildlife habitats, fine art, and museums (dedicated to Neon, 'The Mob,' natural history, and more). Downtown Las Vegas has a cultural center which includes The Smith Center for Performing Arts, a nonprofit organization that hosts a variety of performances to include world-renowned Broadway shows, family-friendly events, local theatre, dance companies from all over the world, the Nevada Ballet Theatre, the Las Vegas Philharmonic, amongst others. Recreation within the natural wonders of the nearby Nevada desert

includes breathtaking landscapes and spectacular rock formations, such as Red Rock Canyon in the Mohave desert, Lake Mead, the Valley of Fire, and Mount Charleston. The Las Vegas Ski & Snowboard Resort is located on Mt. Charleston, which is the 8th highest peak in Nevada at 11,916 feet. Snow season generally lasts from November through April. Daytrip destinations include: the Grand Canyon, Lake Havasu, the Extraterrestrial Highway and Area 51, Mojave National Preserve, Zion National Park, and Dixie National Forest.

Two of our internship sites are located in the northern region of the state, one in Carson City (CCRC) and one in the greater-Reno area (NNAMHS). Carson City, the state capital, small in size but big in stature, is home to many historical sites. Close by are Lake Tahoe to the west, Virginia City to the east, Reno to the north, and Genoa to the south. Reno, “the Biggest Little City in the World,” is 30 minutes away from Carson City and a two- to four-hour drive from major metro areas in northern California (including Sacramento and San Francisco). Northern Nevada is a year-round recreation destination. Activities include skiing, snowboarding, fishing, boating, hiking, wilderness camping, mountain biking, horseback riding, swimming, water sports, and golf. Area outdoor recreation venues include the Truckee River, a variety of lakes, including beautiful Lake Tahoe, and the mountains known as the Sierra Nevada. Lake Tahoe has long been considered the “Jewel of the Sierra,” not only for its contribution to the scenic majesty of the area, but also for the adventure that can be found in the region, which includes the largest concentration of ski slopes in the United States and endless hiking and mountain biking trails, including Lake Tahoe’s famous rim trail.

Known for its legal gambling and world-class casinos, Nevada has a rich arts and cultural scene as well. Annual events in Las Vegas include the City of Light Jazz Festival, World Series of Poker tournament, Annual Academy of Country Music Awards, Vegas Uncork’d, Rock ‘n’ Roll Marathon, Electric Daisy Carnival, Motor Trend Auto show, Cirque Du Soleil, Wrangler National Rodeo Finals, Life is Beautiful festival, UNLVino, and the Word Food Championships. In Northern Nevada, Artown in Reno includes a month of live music on the river and other venues around town. Other annual community events include the Reno River Festival, Street Vibrations, Hot August Nights, The Great Reno Balloon Race, National Championship Air Races, Best of the West Rib Cook-off, Virginia City Camel Race, Carson Valley Days Festival, Street Vibrations, Reno Rodeo, and the Burning Man Festival held just a few hours east.

Application Process and Selection Criteria

The Consortium currently offers four full-time positions, one position each at CCRC and NNAMHS and one position for each of the tracks at SNAMHS (two positions total for SNAMHS). Students interested in applying for the internship program should submit an online application through the APPIC website (www.appic.org). NV-PIC is listed in APPIC under Program Code 2323.

A complete application consists of the following materials:

1. A completed online AAPI (APPIC’s standard application)
2. Cover letter (part of online AAPI) stating your preferred training site(s) and why you are interested in those sites specifically. Applicants can indicate their interest in more than one site within the consortium in one cover letter.
3. A current Curriculum Vitae (as part of the online AAPI)
4. Three standardized reference forms, at least two of which must come from individuals who have directly supervised your clinical or research work (as part of the online AAPI)
5. Official transcripts of *all* graduate coursework (as part of the online AAPI)
6. REQUIRED supplementary materials: Include a writing sample, such as an integrated assessment report or a clinical case conceptualization. Please redact appropriately.
7. OPTIONAL voluntary materials: Applicant Affirmative Action Information Form – Interns who match with NV-PIC are the employees of the Western Interstate Commission for Higher Education (WICHE). It is the policy of WICHE to provide equal employment opportunity to all qualified applicants. As an Affirmative Action Employer, WICHE is required to invite all applicants to complete certain forms. Completion of the forms is voluntary and will not subject you to any adverse treatment. The information on these forms is confidential and will be maintained separately from your application. If you choose to do so, please visit NV-PIC’s website (<http://nv-pic.org/application-procedure>) to download the form, and upload it with your application. Remember that completion of this form is voluntary and in no way affects the decision regarding your application for employment.

All application materials must be received by **December 1, 2017** to be considered. Applicants who are invited to interview will be notified by email on or before the **December 15** deadline. Interviews will be scheduled in December or January and will occur either in person or via videoconference. Phone interviews will be provided in cases where videoconference is not an option. Applicants are encouraged but not required to visit the consortium sites to which they applied.

NV-PIC bases its selection process on the entire application package noted above; however, applicants who have met the following qualifications prior to beginning internship are considered preferred:

1. Current enrollment and in good-standing in a psychology doctoral program
2. A minimum of 500 intervention hours
3. Experience with assessment
4. Dissertation proposal defended
5. Some experience or special interest in working with under-served or diverse populations

In addition to the preferences noted above, NV-PIC takes into consideration the potential commitment or interest of any prospective intern to remain in Nevada following internship. Developing a strong behavioral health workforce is an important consideration for the state, and an interest in remaining in Nevada to join the workforce is considered a benefit in a potential intern.

Questions regarding the application or interview process may be directed to NV-PIC's Training Director, Dr. Sean Dodge (sdodge@health.nv.gov).

All interns who match to NV-PIC sites must provide proof of eligibility to work in the United States. NV-PIC does not sponsor work visas. Interns must successfully pass a fingerprint-based background check before beginning employment and must provide results from a tuberculosis (TB) screening test from the previous 12-months. Instructions for providing this information or completing the background check and TB screening will be sent out to all who match after the match is complete.

In addition, all NV-PIC interns are required to register with the Nevada Board of Psychological Examiners. Information on board registration, including cost, can be found at: [http://psyexam.nv.gov/Forms/Psychological Assistant/](http://psyexam.nv.gov/Forms/Psychological%20Assistant/).

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

Consortium Contact Information

For more information about NV-PIC, feel free to contact:

Emily Slife, Ph.D., NV-PIC Incoming Training Director – eslife@health.nv.gov

Or go to www.nv-pic.org.

NV-PIC Aim and Competencies

Overarching Aim:

The Nevada Psychology Internship Consortium (NV-PIC) represents the collaborative effort of three behavioral health agencies within the Nevada Division of Public and Behavioral Health to share resources and faculty for the purpose of providing a broad and general training for psychology interns. NV-PIC offers one-year, full-time internship positions at treatment centers across Nevada. The aim of the Nevada Psychology Internship Consortium (NV-PIC) is to prepare and retain high quality and culturally competent psychologists to provide integrated public behavioral health care for the people of Nevada.

By the conclusion of the internship year, interns are expected to have achieved competence across the following 10 areas:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values, Attitudes, and Behaviors
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills
10. Public Behavioral Health

